

CATACLYSMIC RELEASES NEW SINGLE “ANGUISH” – OUT MARCH 6, 2026

Cataclysmic, the self-produced metalcore duo formed in early 2025 by Ava Toton and Derek Romero, will release their third single, “Anguish,” on March 6, 2026.

Following their 2025 singles *Death Is Just a Doorway* and *Entropy*, the band continues refining their signature fusion of crushing djent riffs, metalcore aggression, and atmospheric electronic textures. Entirely written, performed, and produced by the duo, Cataclysmic delivers music that is unrelenting, immersive, and emotionally charged.

Drawing influence from modern heavy innovators such as Thrown, Spiritbox, Periphery, and Loathe, the band balances punishing distortion with expansive, atmospheric layering.

“Anguish” is immediate and intense, launching without a prolonged intro and driving forward with tight rhythmic precision. The track closes with an atmospheric jungle-inspired outro, showcasing the duo’s willingness to push genre boundaries while maintaining sonic heaviness.

Early feedback includes:

“Very powerful song... the mixing is very good and clean.”

“It hits hard.”

“Great for the genre.”

About the Artists:

Ava Toton (16) is a guitarist, vocalist, songwriter, and producer who began playing at age five and has released multiple solo projects prior to co-founding Cataclysmic.

Derek Romero (16) began performing in 2021 and has played festivals and venues across Austin, San Francisco, New York, and Ontario. He’s a guitarist, songwriter and producer. He has made a vocal feature in each Cataclysmic release.

In 2026, Cataclysmic made their live performance debut at Cliff Burton Day, marking a pivotal moment in their rapid ascent.

Release Date: March 6, 2026

Genre: Metalcore / Djent / Atmospheric Electronic

Written, Performed & Produced by: Ava Toton & Derek Romero (Cataclysmic)

Watch and listen here: (live on 3/6/26) [Official Anguish YouTube video](#)

Listen to Anguish: [Private Soundcloud Preview Link](#)

Website: www.cataclysmicband.com

All Social Links: [Cataclysmic Linktr.ee](#)

Press Kit: [Anguish EPK](#)

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